

SABRINA KIRBERG

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A published psychology researcher and master's degree graduate with over 5 years of job experience in human psychology, including inpatient/outpatient medical facility practice. Interested in expanding career by working with Change Management through experienced utilization of remarkable interpersonal, organizational, and counseling skills. Offering knowledge and expertise for management, career improvement by accepting change, team interventions and crisis management.

CERTIFICATIONS

Management and Strategy Institute, Change Management Specialist (CMS)

SKILLS

- Quadra-lingual: English (Native), German, French, and Arabic
- Computer Skills: Microsoft Office Professional, Social Media.
- System Software: Citrix, CareCloud, SPSS, R, Oracle.
- Team manager, time management and organization skills
- Outstanding internal and external communications abilities
- Trained in CBT, Motivational Interviewing, Conflict Management, and Intervention Skills.
- CPR Certified

PUBLISHED RESEARCH

Drugs and Alcohol Today Journal

2018

Affiliation to alcoholics anonymous or narcotics anonymous among patients attending an English specialist addiction service.

EDUCATION

Masters - Kings College London, United Kingdom

2018

Masters in Science (MSc), Psychology & Addiction Behavior

Cumulative GPA: 3.73 /4.00

Bachelors- Nova Southeastern University, Fort Lauderdale Florida

2016

Bachelors in Science, Psychology & Business, Minor in Marketing

Cumulative GPA: 3.45/4.00

PROFESSIONAL EXPERIENCE

Health Policies Manager – Political Change Project

2019- present

Manage and Direct Operational Staff through Universal Healthcare Policy Project.

- Focused on how new health policies and political change can impact the workforce.
- Recruit, train, assign, and schedule volunteers.
- Update senior leaders.
- Analysis of user impact and risk through potential implemented health strategies.
- Collected user-impact data with routine data collection.
- Facilitated solution- focused meetings with volunteers and senior- leaders.
- Build alliances and partnerships with other organizations.

Primary Therapist – Watershed Treatments Center

2018-2019

Assembled and led individual and team sessions that performed psychological analysis and counseling for patients in need. Utilized combination of leadership and assessment skills to turn around deteriorating patients.

- Coordinated and provided case management, group therapy and assessment services at all levels of care (Detox, Residential, PHP, IOP, Soberliving)
- Individual, family and group counseling within the facility.
- Demonstrated expertise in patient resources, counseling, continuing care planning and patients' categorization
- Maximized ability of treatment teams by creating analysis to plan and coordinate progression of patients' movement through the continuum of care.
- Counseled patients in developing measurable goals and objectives to increase individual success

Researcher – Kings College Hospital, London, UK

2017-2018

Coordinated with Senior researchers by calibrating relevant information required for the execution of experiment.

- Collection, management and interpretation of literature review and data
- Quantitative analysis of data using SPSS, and R software.
- Administration of cross-sectional survey, and readiness scale on research participants.
- Supervised research procedures.

Individual and Group Counselor – Sunrise Detox Center Fort Lauderdale, Sunrise, FL

2016-2017

Lead patients through developmental change and self-growth, created a safe environment for encouraging questions, thoughts, and concerns.

- Individual assessments to assess patient status, and patient needs
- Facilitating group sessions
- Treatment plan implementation and reviews