# EDUCATION

**Pepperdine University Malibu, CA**

**Major: Clinical Psychology, MA January 2020-Present**

**Courses:** Theories of Counseling and Psychotherapy, Interpersonal Skills and Group Therapy, Multicultural Counseling, Individual, Couple, and Family Development, Techniques of Counseling and Psychotherapy

**California State University Northridge Northridge, CA**

**Major: Psychology, BA June 2015 - May 2018**

**WORK EXPERIENCE**

**Aspiranet Oxnard, CA**

*Support Counselor II* **October 2020-Present**

* Working with an intervention team to execute IEP goals for youth with unique mental health needs
* Working in a collaborate setting with a group of mental health professional, collaborating through meetings
* Use of outlook to schedule daily tasks, respond to emails, daily communication with parents on phone
* Developing progress notes, tracking client hours, using online media to track progress notes

**Star of CA Orange, CA**

*Behavioral Interventionist* **October 2019-January 2020**

* Working with an intervention team to execute a behavioral plan for children with Autism in a school setting
* Executing a set of goals/skills for a child over a period of time
* Teaching children, coping skills, thought process, and social skills

**Performance Health Medical Group Laguna Hills, CA**

*Medical Scribe/Back Office Assistant* **March 2019- August 2019**

* Involved in charting physician-patient encounter during medical examination
* Involved in filling out order forms for the doctor, such as x-ray, MRI, blood work, and ultrasound orders
* Working with front desk staff to deliver patient messages to the doctor and obtain a respond from the doctor in a timely manner

# Autism Spectrum Therapies Orange, CA

*Behavioral Interventionist* **October 2018 – March 2019**

* Working with an intervention team, to execute a behavioral plan for Autistic children, ages ranging from 2-18.
* Involved in parent education, parent education involving dealing with maladaptive child behaviors.
* Executing a set of goals/skills for each child over a given time.
* Teaching kids to effectively play with toys, use language, and skills that are socially acceptable.

# Carefree Home Care Orange, CA

*Caregiver* **July 2018 - October 2018**

* Cared for elderly patients ranging from hospice care to Alzheimer's/dementia patients.
* Assisted with eating, bathing, toilet use, dressing and daily activities.
* Maintained a journal of daily activities to monitor changes.

# Undergraduate Research Assistant California State University Northridge, Northridge, CA

*CSUN College of Science and Math* **August 2017 - June 2018**

* Involved in a diabetes type one project where we induced diabetes in a rat using streptozotocin (STZ).
* Kept weekly recordings of rat’s blood glucose (BG).
* Injected stem cells into their pancreas, and surgically inserted pumps into the dorsal area of the rat that contained cyclosporine. After a month I would assist in a full body perfusion and harvest the pancreas.

# Oxnard School District Oxnard, CA

*Para-educator* **June 2014 – November 2015**

* Substituted for substitute teachers that worked with special needs children in the Oxnard School District Area.
* Communicated with teachers before interacting with student to better understand specific needs.

# VOLUNTEER EXPERIENCE

**Best Day Foundation Oxnard, CA**

*Volunteer* **August 2017 - September 2017**

* Provided interactive activities in a social setting for children with special needs to build confidence and self-esteem through a series of safe and fun activities through surfing, kayaking, and paddle boarding.
* Communicated with parents to better understand what families go through for kids with special needs.

# Midnight Mission Northridge, CA

*Volunteer* **September 2017 - December 2017**

* Prepared and served breakfast once a month for homeless people who are unable to provide themselves with meals

# St. John’s Hospital Oxnard, CA

*Health Scholar* **April 2016 - June 2016**

* Observed the procedures routinely executed in the emergency room, interacted with patients by discharging them, completing 30 hours of volunteering.
* Rotated through the Acute Care Unit, Labor and delivery, Mother and Infant Unit, and Radiology department completing over 233 volunteer hours.
* Learned the fundamentals on how hospitals are operated such as: interacting with patients, stocking rooms, discharge patients, and sanitation.

# LEADERSHIP

**Pre-Physician’s Assistant Club California State University Northridge, Northridge, CA**

*President* **August 2017 - May 2018**

* Ensure board members follow our mission statement, and provide the tools and information needed for our members to learn and pursue the Physician Assistant profession.
* Coordinated writing letters for homeless people during Thanksgiving.
* Organized fundraisers, to raise funds for club apparel/senior sashes.

*Treasurer* **August 2016 - May 2017**

* Coordinated pizza fundraisers for club shirts, managed yearly budget, publicize events by creating flyers, and maintained social media accounts.

# Phi-Delta Epsilon California State University Northridge, Northridge, CA

*Dance Marathon Committee* **August 2017 - December 2017**

* Plan a four-hour dance event dedicated to raising money for two children of Children’s Hospital of Los Angeles.
* In charge decorations, and donations during event.
* Fundraised a total of $7,332 with DM committee.

*Academic Chair* **January 2018 - March 2018**

* Contacted local doctors to come and give lectures to our fraternity, and set up suturing workshops.

# Camp Kesem California State University Northridge, Northridge, CA

*Outreach Coordinator* **August 2016 - May 2017**

* Communicated with potential interested families and provided memberships
* Set up events such as reunions and parent meetings
* Organized camper packets which included child and camp contacts
* Kept record of important information regarding registration of old and new campers online
* Reached out to cancer groups and local organizations

# L3ADERS Team Health Scholars Oxnard, CA

*Recruitment Coordinator* **April 2016 - June 2016**

* Recruited college students from CSUN and help organize training days for the Cope Health Scholars program
* Worked in a team of pre-health students to train and prepare students for the Health Scholar volunteer program offered by St. John’s hospital
* Helped run and execute training days, preparing lecture material, proctoring volunteers during practical exams and written exams
* Involved in the interview process from, receiving and accepting applications, phone and in person interviews and acceptance

# SKILLS AND CERTIFICATIONS

* Proficient in Microsoft Office, SPSS, Outlook, Final Cut Pro, Lightroom, Canva
* Proficient at content creation on socials such as IG, and You tube
* Fluent in Spanish verbally and written