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|  |  | Areas of Expertise & Background:Social Media Manager, Personal Assistant, Virtual Assistant, Transcription, Advanced Group Fitness Instructor, Advanced Les Mills Group Fitness Instructor, Licensed ZIN and SYNC Zumba Instructor, Certified ACE GFI, Certified AFAA GFI, Fitness Enthusiast, Motivational Speaker, Promoter of Health and Well Being, Excellent listening skills and knowledge of grammar, self-sufficient, ability to accurately work tight schedules and deliver on time, organization of workflow according to deadlines.Professional Experience:Group Fitness Instructor Advent Health - Florida Hospital Fitness Center, May 2016 to PresentGroup Fitness Instructor (GFI) – Fitness CF - May 2019 -to PresentM&M Court Reporting, Family based, Social Media Manager, Administrative Assistant and Transcriber - March 2012 to PresentProfessional Personal Assistant – March 2012 – PresentSeptember 2013 to January 2015 - Group Fitness Instructor Oxygen Fitness & Sports ClubSeptember 2013 to January 2015 Social Media Manager- Personal Assistant – GFI Healing Arts NJSeptember 2013 to January 2015 - Social Media Manager- Personal Assistant – GFI Four Seasons Education & Credentials:Alpha Omega Academy, A to Z Steno Train, The Huffington Post featured an article entitled "Weight Loss Success: Brooke Mennella Lost 90 Pounds." This article remained on the cover of America Online homepage for a two-day duration. In addition, recently I have written an inspirational book with regards to my journey and currently seeking publishers.Interests:I am an avid reader and learner, as I am always looking for ways to educate myself within my fields and outside my fields. I am passionate for dance and theme parks. In addition, I enjoy volunteering my time to influence, encourage and motivate others in my community who need some form of support. That is what truly completes me. My heart feels so rewarded when I can help others.References and further information supplied upon request. |
| Brooke Ashlin Mennella**CONTACT**PHONE:848-216-9343 EMAIL:Fit4Brooke@aol.com |  |