

SHAILAJA RADHAKRISHNAN

Mobile: +91 9594443161

Email: shailaja12@gmail.com

Address: B – 303 Aqua, Adhiraj Gardens

Plot No 32, Sector 5 – Kharghar

Navi Mumbai - 410210

HIGHLIGHTS & COMPETENCIES:

- Behavioral Trainer, content developer & subject matter expert along with experience in delivering Pan India level projects right from Execution and TTT till Implementation.
- A trained Psycho-oncologist & Infertility Counselor having practiced psychology for more than 12 years in various Hospital & Corporate setups.
- Emotionally stable, mature with the ability to deal effectively with human emotions and stresses
- Sound theoretical and practical knowledge of Psychological interventions and Assessments
- Good ability to function well within multidisciplinary teams

EXPERIENCE SUMMARY

1. Self Employed: Training & Coaching - June 2019

- Coaching for individuals on a one-on-one basis for emotional management, goal setting, and relationship guidance.
- Soft Skills Training & Behavioral Intervention Workshops for Corporates & Hospitals.

2. Ahaan Consulting, Mumbai – May 2017 till May 2019

- Designation: Senior Consultant
- Soft Skills Training – Content Development & Delivery (for Corporates & Hospitals)
- TTT for trainers empaneled at Pan India level right from execution to completion
- One-on-one sessions for employees (Corporates and Hospitals)

3. Nova IVI Fertility, Mumbai – March 2012 till April 2017

- Designation: Clinical Counselor – Senior Counselor - Regional Counselor
- Providing Handholding Support, Mentoring, Training Counselors of Nova centers
- Qualitative & Quantitative Monitoring , Audits of Counseling sessions done by the Counselors

- Counseling: IVF patients (Psychological assessment, Intervention, Feedback, Consents)
- Active participation in CME, IVF Camps, IUI Workshops, Case presentations, Journal Clubs, Nova Events

4. Tata Memorial Centre (ACTREC) - June, 2010 till Aug, 2011

- Research Assistant for the Project: Breast Cancer – “Lifestyle, Genetic & Environmental Issues” in ACTREC
- Running a psycho-social counseling clinic for cancer patients
- Training interns for the project (Test administration, Interpretation & counseling)

5. HCG Medi – Surge Hospitals, Ahmedabad - April, 2009 till Oct, 2009

- Psycho-oncologist
- Worked with Aastha Oncology Associates (AOA)
- Screened the staff members for psychosocial variables & provided counseling

EDUCATIONAL QUALIFICATION

Course	University/Board	Year
Certificate in Music Therapy	Mumbai Education Trust (MET), Mumbai	March, 2012
Post Graduate Diploma in Psycho-oncology	Centre of Psycho-oncology for Education & Research (COPER), Bangalore. <i>(An initiative of DST, Government of India)</i>	Nov, 2008
Master of Arts Counseling Psychology	Department of Psychology, M.S.University, Baroda	April, 2007
Bachelor of Arts Industrial Psychology	Department of Psychology, M.S.University, Baroda	April, 2005
H.S.C. Science Stream	Gujarat Secondary Education Board Convent of Jesus & Mary High School, Baroda	March 2002
S.S.C. Science Stream	Gujarat Secondary Education Board Convent of Jesus & Mary High School, Baroda	March 2000

RESEARCH WORK

- “Breast Cancer: Genetics, Environmental & Lifestyle issues” – ACTREC (Tata Hospital)
- “Outlook of undergraduate female students of Baroda on Family and Sexuality & their Personality” – Centre for Operations, Research & Training, Baroda

- “A Phenomenological approach to experiencing Carnatic fusion music based on themes of emotions (rasa)” – (Masters Degree Requirement)

CONFERENCES / ACADEMIC PROGRAMMES / WORKSHOPS

- **Guest Lecturer** at Department of Psychology, Maharaja Sayajirao University, Baroda
- The Oncofertility Consortium – FERTIPROTECT, 2016 (FPSI)
- Indian Society for Assisted Reproduction (ISAR) – ‘Fertility Present & Future’ April, 2015
- 1st Indian Cancer Congress, 2013 – Psycho-oncology; attended scientific sessions & workshops
- **Paper Presentation** in ‘The 5th International Conference on Psychology of Music & Mental Health”, Bangalore University, on “A Phenomenological approach to experiencing Carnatic fusion music based on Bhayanaka Rasa”.
- **Paper Presentation** in Music Therapy National Conference, Mumbai Education Trust (MET) on “A Phenomenological approach to experiencing Carnatic fusion music based on Veer Rasa”.
- Gave a talk on “Psychosocial issues in breast cancer” at the inaugural function of ‘Aadhar’ – a breast cancer support group in Vadodara, Gujarat.
- International conference: “Post Laryngectomy Rehabilitation & Breast Cancer Rehabilitation”
- World Psychiatric Association workshop: “Psychotherapy in Routine Clinical Practice in India”
- Participated in Introductory, Intermediate & Advanced workshop on Clinical Hypnotherapy

COMPUTER SKILLS: Knowledge of SPSS (Statistical Package for Social Sciences)

LANGUAGES: English, Hindi, Gujarati, Tamil

HOBBIES: Playing Guitar, Vocals, Writing

PERSONAL DETAILS

Date of Birth : 12th May, 1984
Marital Status : Married
Email – id : shailaja12@gmail.com